



## Year 10 PDHPE – Assessment Plan – 2024

Students will be continuously assessed in a wide variety of ways including:

- Homework tasks
- Participation, application and skill development in practical PDHPE classes
- Class participation including discussion and presentations
- Group work
- Personal engagement in the texts and concepts studied
- Completion of class work and handouts
- Listening and responding tasks
- Reading skills - in-class reading and analysis of content from a wide variety of texts
- Writing skills: summaries, paragraphing, note-taking, identifying and composing various text types eg: essays, speeches, imaginative pieces, visual representations, media texts

Students will complete the following formal assessment tasks:

Term 1: **Job Application - cover letter and resume**  
PD5-1, PD5-9

Term 2: **Physical Activity + Diet Diary**  
PD5-2, PD5-7, PD5-8, PD5-9

Term 3: **Practical: Application & Participation and Advanced Skills**  
PD5-4, PD5-5, PD5-10, PD5-11

Term 4: **Exam**  
PD5-1, PD5-2, PD5-3, PD5-6 PD5-9, PD5-10

As with all subjects, students will be assessed in relation to the Common Grade Scale (A-E). Refer to the NESAs Grade Scale for more information.