



Term	Week	STAGE 4 PDHPE – 2024 SCOPE & SEQUENCE
1	1	Topic 1 : Let's All Get Along (25 hours)
	2	Outcomes PD4-1, PD4-2, PD4-3, PD4-4, PD4-9, PD4-10, PD4-11
	3	<ul style="list-style-type: none"> • What are relationships?
	4	<ul style="list-style-type: none"> • How do we develop and maintain positive relationships?
	5	<ul style="list-style-type: none"> • What is the concept of power in relationships?
	7	Major Assessment: Bullying Poster
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	11	
	2	1
2		Outcomes PD4-1, PD4-2, PD4-3, PD4-9, PD4-10 PD4-4, PD4-5, PD4-11
3		<ul style="list-style-type: none"> • What are challenging situations?
4		<ul style="list-style-type: none"> • Where can I get help?
5		<ul style="list-style-type: none"> • How to communicate effectively to resolve or manage a challenging situation.
6		<ul style="list-style-type: none"> • How can I keep myself safe online?
7		Major Assessment: Comic Strip Safety in Relationships
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3		1
	2	Outcomes PD4-2, PD4-6, PD4-7, PD4-8, PD4-9, PD4-10
	3	<ul style="list-style-type: none"> • What positive actions contribute to the health, safety, wellbeing and participation in physical activity levels of the wider community?
	4	<ul style="list-style-type: none"> • How can I effectively manage my own and support others' health, safety, wellbeing and participation in physical activity?
	5	<ul style="list-style-type: none"> • Why are connection, inclusion and empowerment important for the health, safety, wellbeing and physical activity levels of the wider community?
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	8	Major Assessment: Bat Sports Skills Evaluation
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	4	1
2		Outcomes PD4-1, PD4-2, PD4-4, PD4-10, PD4-11
3		<ul style="list-style-type: none"> • How do change, transition and environment shape my identity?
4		<ul style="list-style-type: none"> • How can I evaluate movement competence, adapt movement skills and apply these skills in dynamic movement situations
5		<ul style="list-style-type: none"> • What skills and strategies can be used to manage change, challenges and seek help?
6		
7		Major Assessment: Practical Task / Final Exam TBA
8		