



## Year 9 PDHPE – Assessment Plan – 2026

Students will be continuously assessed in a wide variety of ways including:

- Written Tests and Quizzes
- Practical Assessments
- Project-Based Assessments
- Group Work / Team Work
- Self-Assessment and Reflection
- Presentations and Oral Assessments
- Case Studies and Scenario-Based Assessments
- Class tests / exams (if suitable)
- Skills Challenges and Fitness Testing
- Homework tasks
- Participation, application and skill development in practical PDHPE classes
- Class participation including discussion and presentations
- Completion of class work and handouts

Major assessment tasks used for assessment include (but are not limited to):

**Term 1: Personal Identity:** PD5-1, PD5-6, PD5-10

Personal Identity Task: Google Slide Presentation

Swimming and Racquet sports Benchmarks

**Term 2: Vaping:** PD5-4, PD5-5, PD5-7, PD5-8, PD5-11

Poster/Brochure: Vaping

Team games skills

**Term 3: Health 4 Life:** PD5-1, PD5-2, PD5-9, PD5-10,

Healthy Lifestyles research assignment

Athletics and stick games skills

**Term 4: Mental Health and Wellbeing:** PD5-1, PD5-9, PD5-10

Assignment - Fitness Programs – 20 year & 60 years

Athletics and Outdoor Challenge skills

As with all subjects, students will be assessed in relation to the NES A Common Grade Scale (A-E).